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| **Breakfast** | |
| **herbivore (special)** | **smoothie bar** | |
| **global (special)** | **veggie scramble** |   | broccoli, mushroom, onion, spinach, tomato |
|  | **scrambled eggs** | |
|  | **breakfast potato** |   | onion, salt, pepper |
|  | **bacon** |
|  | **breakfast vegetarian patty** | |
|  | **rice** | |
|  | **chickpeas stir fry** |   **Special Instructions:** , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **roasted cauliflower** |   **Special Instructions:** olive oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt | peach yogurt | house made granola | seasonal fruit |
|  | **self serve fresh fruit bar** |  **SIDES:** Cantaloupe | honeydew |
|  | **toast bar** |  **SIDES:** whole wheat sliced bread, sourdough sliced bread, sliced white bread | sourdough sliced bread | sliced white bread | bagel plain, Blueberry bagel, everything bagel | Blueberry bagel | english muffin, whole wheat english muffin | whole wheat english muffin | cinnamon roll sliced bread, Nutella, butter, sunflower butter , strawberry jam |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
| **sweets (special)** | **croissants** |
| **Lunch** | |
| **Grill (special)** | **cheeseburger** |   | on a Bread Los Angeles bun |
|  | **impossible burger on a gluten free bun** | |
|  | **french fries** |
| **oasis (special)** | **chickpea stew** |   | roasted seasonal vegetables, tomato sauce, fresh basil, garlic, |
|  | **quinoa primavera** |   | olive oil, cranberries, carrot, celery , |
|  | **roasted zucchini , yellow squash & heirloom tomato** |   | smoked paprika, canola oil, salt, pepper, fresh herbs |
|  | **broccoli** |    | Babe Farms |
|  | **roasted apricot glazed chicken** |     | Babe Farms |
|  | **sirloin steak** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **chocolate Brownie** |
| **Dinner** | |
| **oasis (special)** | **chickpea stew** |   | roasted seasonal vegetables, tomato sauce, fresh basil, garlic, |
|  | **roasted potato** |   | salt, pepper, olive oil, onion, garlic |
|  | **balsamic glazed brussels sprouts** |   | olive oil, salt , pepper, |
|  | **sautéed cremini mushroom** |   | olive oil, shallot, salt , pepper, parsley, white wine, |
|  | **grilled balsamic flank steak with salsa verde** |    | olive oil, salt , pepper, shallot, parsley, pepper, lemon juice, |
|  | **herb roasted chicken** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **pineapple** |  **SIDE:** diced pineapple |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **hawaiian pizza** |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **chocolate Brownie** |

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| **Breakfast** | |
| **herbivore (special)** | **smoothie bar** | |
| **global (special)** | **scrambled eggs** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **ham & cheese scramble** | |
|  | **breakfast potato** | |
|  | **breakfast vegetarian patty** | |
|  | **pork patty sausage** | |
|  | **brown rice** | |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **cannellini beans** | |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt | peach yogurt | house made granola | seasonal fruit |
|  | **self serve fresh fruit bar** |  **SIDES:** Cantaloupe | honeydew |
|  | **toast bar** |  **SIDES:** whole wheat sliced bread, sourdough sliced bread, sliced white bread | sourdough sliced bread | sliced white bread | bagel plain, Blueberry bagel, everything bagel | Blueberry bagel | english muffin, whole wheat english muffin | whole wheat english muffin | cinnamon roll sliced bread, Nutella, butter, sunflower butter , strawberry jam |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
| **Lunch** | |
| **Grill (special)** | **turkey burger** |  | spinach, red onion, sliced tomato, tapatio aioli |
|  | **french fries** |
|  | **impossible california burger on a gluten free bun** | |
| **oasis (special)** | **turkey carnitas** |   | orange juice, onion, garlic, lemon juice, cumin, salt, pepper |
|  | **black beans** |   | pepper medley, onion, garlic, bay leaf, salt, pepper |
|  | **broccoli** | |
|  | **mushroom fajitas** |   | peas, garbanzo, saffron, onion, garlic, pepper medley, parsley, mushrooms, tomato |
|  | **allergy free sirloin steak** |   | olive oil, salt, pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
| **sweets (special)** | **Chocolate chip cookies** |
| **Dinner** | |
| **oasis (special)** | **Spanish brown rice** |   | tomato, onion, garlic, salt, pepper |
|  | **baked pesto chicken bruschetta** |     | heirloom tomatoes, capers, basil, shallots, olive oil, white balsamic, lemon juice pepita pesto, olive oil, salt, pepper, shallot, basil, Mary's Chicken Kenter Canyon Farms |
|  | **sauteed spinach with roasted fennel** |   | olive oil, salt, pepper |
|  | **roasted cauliflower** |   | olive oil, salt, pepper, capers, garlic |
|  | **italian inspired vegetable stew** |    | eggplant, onion, garlic, celery, carrot, potato, cannellini bean, red and green pepper, crushed tomato, sugar, salt, pepper, Kenter Canyon Farms |
|  | **mashed sweet potato & carrot** |    | oat milk, salt, pepper, fresh herbs carrot celery Kenter Canyon Farms |
|  | **allergy free sirloin steak** |   | olive oil, salt, pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **pineapple** |  **SIDE:** diced pineapple |
| **ovens (special)** | **margarita pizza** | |
|  | **sausage & bacon pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, mozzarella cheese |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **cheese pizza** | |
| **sweets (special)** | **Chocolate chip cookies** |

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| **Breakfast** | |
| **herbivore (special)** | **smoothie bar** | |
|  | **strawberry smoothie** |   | oat milk, strawberry |
|  | **tropical smoothie** |   | pineapple, mango, spinach, passion fruit juice |
| **global (special)** | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **bacon scramble** | |
|  | **scrambled eggs** | |
|  | **hash brown** |   **Special Instructions:** potato, olive oil, salt, pepper |
|  | **pork sausage** |
|  | **breakfast vegetarian patty** | |
|  | **sticky rice** | |
|  | **black beans** | |
|  | **broccoli** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt | peach yogurt | house made granola | seasonal fruit |
|  | **self serve fresh fruit bar** |  **SIDES:** Cantaloupe | honeydew |
|  | **toast bar** |  **SIDES:** whole wheat sliced bread, sourdough sliced bread, sliced white bread | sourdough sliced bread | sliced white bread | bagel plain, Blueberry bagel, everything bagel | Blueberry bagel | english muffin, whole wheat english muffin | whole wheat english muffin | cinnamon roll sliced bread, Nutella, butter, sunflower butter , strawberry jam |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
| **sweets (special)** | **blueberry pecan muffin** |
| **Lunch** | |
| **Grill (special)** | **chicken tenders** |
|  | **french fries** |
|  | **classic slaw** |
|  | **sweet potato fries** | |
|  | **impossible chicken tenders** | |
| **oasis (special)** | **slow braised short rib with demi** |    | fresh herbs, carrot, onion, celery, tomato paste, salt , pepper |
|  | **cauliflower mash puree** |    | olive oil, salt, pepper , fresh herbs Kenter Canyon Farms |
|  | **sauteed kale & mushrooms** |   | olive. oil, salt, pepper |
|  | **steamed haricot vert** | |
|  | **quinoa cake** |   | quinoa, garbanzos, rice flour, parsley, cilantro, cumin , baking powder. |
|  | **allergy free chicken breast** |    | fresh herbs, olive oil, salt, pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **blueberry pecan muffin** |
|  | **flourless chocolate cake** | |
| **Dinner** | |
| **oasis (special)** | **agave & fresh herb roasted pork loin pepper corn sauce** |  | agave, fresh herbs, olive oil, salt pepper |
|  | **wild mushroom rice pilaf** |   | olive oil, salt , pepper, fresh herbs, mushrooms, lemon juice, nutritional yeast |
|  | **sauteed rainbow swiss char** | |
|  | **roasted butternut squash** |    | olive oil, salt , pepper, fresh herbs Kenter Canyon Farms |
|  | **lentil stew** |
|  | **allergy free chicken breast** |    | fresh herbs, olive oil, salt, pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **pineapple** |  **SIDE:** diced pineapple |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, mozzarella cheese |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **flourless chocolate cake** | |

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| **Breakfast** | |
| **global (special)** | **veggie scramble** |   | broccoli, mushroom, onion, spinach, tomato |
|  | **scrambled eggs** | |
|  | **breakfast vegetarian patty** | |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **potato O'Brien** |   **Special Instructions:** olive oil, salt, pepper |
|  | **bacon** |
|  | **sticky rice** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **sautéed green beans** |   | peppers, salt , pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt | peach yogurt | house made granola | seasonal fruit |
|  | **self serve fresh fruit bar** |  **SIDES:** Cantaloupe | honeydew |
|  | **toast bar** |  **SIDES:** whole wheat sliced bread, sourdough sliced bread, sliced white bread | sourdough sliced bread | sliced white bread | bagel plain, Blueberry bagel, everything bagel | Blueberry bagel | english muffin, whole wheat english muffin | whole wheat english muffin | cinnamon roll sliced bread, Nutella, butter, sunflower butter , strawberry jam |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
| **sweets (special)** | **sour cream Coffee cake** |
| **Lunch** | |
| **Grill (special)** | **cheeseburger** |   | on a Bread Los Angeles bun |
|  | **french fries** |
|  | **impossible burger** |   | lettuce, tomato, onion, pickle |
|  | **onion rings** | |
| **oasis (special)** | **moroccan chicken braise** |     | chicken thigh, cumin, turmeric, cinnamon, clove , ginger, coriander, garlic, kabocha squash , cilantro , olives . Kenter Canyon Farms |
|  | **turmeric brown rice** | |
|  | **rainbow roasted cauliflower** |   | olive oil, salt, pepper |
|  | **thyme roasted carrots** |   | olive oil, salt, pepper, thyme |
|  | **mediterranean chickpea stew** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **cinnamon dulce de leche cheerio bars** | |
| **Dinner** | |
| **oasis (special)** | **grilled balsamic flank steak sun-dried tomato olive & caper tapenade** | |
|  | **allergy free chicken breast** |    | fresh herbs, olive oil, salt, pepper |
|  | **beluga lentil & saffron brown rice with green peas** | |
|  | **marinated Campari tomatoes** |   | shallot, basil, salt, pepper, |
|  | **roasted brussels sprouts** |   | olive oil, salt, pepper |
|  | **Spaghetti squash with roasted vegetables & marinara** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **pineapple** |  **SIDE:** diced pineapple |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **bbq chicken pizza** | mozzarella, red onion, bbq pizza, jalapeño, cilantro |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **cinnamon dulce de leche cheerio bars** | |

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| **Breakfast** | |
| **herbivore (special)** | **smoothie bar** | |
| **global (special)** | **scrambled eggs** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **breakfast vegetarian patty** | |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **chorizo egg scramble** | |
|  | **breakfast potato** |   **Special Instructions:** onion, pepper medley, salt, pepper, paprika |
|  | **turkey link sausage** |
|  | **jasmine rice** | |
|  | **refried bean** | |
|  | **sauteed green bean** |   | oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt | peach yogurt | house made granola | seasonal fruit |
|  | **self serve fresh fruit bar** |  **SIDES:** Cantaloupe | honeydew |
|  | **toast bar** |  **SIDES:** whole wheat sliced bread, sourdough sliced bread, sliced white bread | sourdough sliced bread | sliced white bread | bagel plain, Blueberry bagel, everything bagel | Blueberry bagel | english muffin, whole wheat english muffin | whole wheat english muffin | cinnamon roll sliced bread, Nutella, butter, sunflower butter , strawberry jam |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
| **sweets (special)** | **raspberry and almond muffin** |
| **Lunch** | |
| **Grill (special)** | **fried batter fish** |  **Special Instructions:** fried and pan seared catfish |
|  | **tartar sauce** | |
|  | **impossible fish** | |
|  | **fries** | |
|  | **coleslaw** |
| **oasis (special)** | **roasted chicken** | |
|  | **roasted turkey** | |
|  | **rosemary roasted fingerling potatoes** |   | rosemary, salt, pepper, onion, olive oil |
|  | **roasted vegetable medley** |   | zucchini, red onion, |
|  | **roasted marinated tomatoes** |   | olive oil, salt, pepper, oregano |
|  | **roasted stuffed pepper** |   | kidney bean, peppers, onions, tomatoes |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **blondie** | |
| **Dinner** | |
| **oasis (special)** | **jerk chicken** | |
|  | **Caribbean rice & beans** |  | garlic, kidney beans, ginger, onion, rice, coconut milk |
|  | **Caribbean inspired roasted yams** | |
|  | **Caribbean inspired stew** | |
|  | **sauté kale** | |
|  | **roasted pork loin** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **pineapple** |  **SIDE:** diced pineapple |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **blondie** | |

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| **Brunch** | |
| **Grill (special)** | **veggie omelette** |   | peppers, onion, spinach, cheese |
|  | **ham & cheese omelette** | |
| **herbivore (special)** | **açaí bar** |
|  | **pineapple** | |
|  | **mango** | |
|  | **coconut** | |
|  | **cocoa nibs** | |
| **global (special)** | **sauteed spinach & swiss frittata** | |
|  | **scrambled egg** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **breakfast potato** |   **Special Instructions:** onion, pepper medley, salt, pepper, olive oil |
|  | **bacon** |
|  | **breakfast vegetarian patty** | |
|  | **roasted butternut squash** |   | olive oil, salt, pepper, rosemary |
|  | **quinoa pilaf** |   **Special Instructions:** onion, celery, carrot, olive oil, salt, pepper, spinach |
|  | **asparagus** | |
|  | **tofu scramble** | |
|  | **sauteed spinach & roasted fennel** | |
| **salad (special)** | **toast bar** | |
| **ovens (special)** | **breakfast pastry bar** |  | Danish |
| **Soup (special)** | **oatmeal** | |
|  | **chicken pozole** | |
| **sweets (special)** | **blueberry pecan muffin** |
| **Lunch** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
| **sweets (special)** | **Chocolate chip cookies** |
| **Dinner** | |
| **Grill (special)** | **french fries** |
|  | **chicken tenders** |   **Special Instructions:** lettuce, tomato, onion, pickle, patty |
|  | **impossible nuggets** | |
|  | **celery & carrot stick** | |
|  | **ranch & buffalo sauce** |
| **herbivore (special)** | **power bowl** | |
|  | **turmeric wheat berry** | |
|  | **roasted zucchini & yellow squash** |   | olive oil, salt, pepper |
|  | **roasted portobello** |   | olive oil, salt, pepper, thyme, rosemary, red wine vinegar |
|  | **organic baby kale salad with balsamic dressing** | |
|  | **balsamic reduction** | |
|  | **Baked Tofu** | |
| **global (special)** | **meat ball rigatoni pasta** |
|  | **broccoli** | |
|  | **penne pasta primavera vegan** |   | zucchini, yellow squash, heirloom cherry tomatoes, micro basil |
| **oasis (special)** | **hearty vegetable bean stew** | |
|  | **wild rice** |   | olive oil, salt, pepper, onion, |
|  | **Asparagus** | |
|  | **parsley carrots** |   | olive oil, salt, pepper |
|  | **sirloin steak** | |
|  | **chicken cacciatore** |    | olive, garlic, basil, thyme, heirloom tomatoes, carrot, onion , bell peppers, rosemary , salt, pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **pineapple** |  **SIDE:** diced pineapple |
|  | **fresh fruit salad bar** | |
|  | **toast bar**  **SIDES:** whole wheat sliced, sourdough sliced ,sliced white bread | sourdough sliced bread | sliced white bread | bagels plain , Blueberry bagel, everything bagel | Blueberry bagel | english muffin, whole wheat english muffin, cinnamon roll sliced bread | whole wheat english muffin | cinnamon roll sliced bread | Nutella, sunflower spread, strawberry jam, butter |
| **ovens (special)** | **bread pudding** | |
| **Soup (special)** | **chicken pozole** | |
| **sweets (special)** | **Chocolate chip cookies** |

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| **Brunch** | |
| **Grill (special)** | **waffle bar** | |
|  | **peach in syrup** | |
|  | **whipped cream** | |
|  | **syrup** | |
|  | **butter** | |
| **herbivore (special)** | **overnight oat bar** |   | contains coconut milk! |
|  | **chia seed** | |
|  | **mixed berries** | |
|  | **coconut** | |
| **global (special)** | **scrambled egg** | |
|  | **breakfast potato** |   **Special Instructions:** onion, pepper medley, salt, pepper, olive oil |
|  | **pork patty sausage** |
|  | **breakfast vegetarian patty** | |
|  | **quinoa rice pilaf** |   | carrot, onion, celery, turmeric, parsley, corn |
|  | **tofu scramble** |  **Special Instructions:** onion, bell peppers, turmeric, salt, pepper, cilantro |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **roasted cauliflower** |   **Special Instructions:** olive oil, salt, pepper, basil, garlic, red wine vinegar |
|  | **sautéed spinach with roasted butternut squash** |   | rosemary, olive oil, salt, pepper |
| **ovens (special)** | **breakfast pastry bar** | |
| **Soup (special)** | **oatmeal** | |
|  | **tomato bisque** | tomato, onion, garlic, nutritional yeast, basil, tomato paste |
| **Breakfast** | |
| **sweets (special)** | **croissants** |
| **Lunch** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
| **sweets (special)** | **Chocolate chip cookies** |
| **Dinner** | |
| **Grill (special)** | **french fries** | |
|  | **greek turkey sandwich** |   **Special Instructions:** lettuce, tomato, onion, pickle, patty | ciabatta, lettuce, tomato Bread Los Angeles |
|  | **impossible burger** |   **Special Instructions:** lettuce, onion, tomato, pickles, | Bread Los Angeles |
|  | **substitute lettuce wrap for any burger or sandwich** |
| **herbivore (special)** | **barbecue chicken** | |
|  | **barbecue baby back pork ribs** | |
|  | **barbecue tofu kebabs** | |
|  | **macaroni and cheese** | |
|  | **charred broccolini** | |
|  | **roasted heirloom carrots** | |
|  | **roasted rosemary potatoes** | |
| **global (special)** | **barbecue chicken** | |
|  | **barbecue baby back pork ribs** | |
|  | **barbecue tofu kebabs** | |
|  | **macaroni and cheese** | |
|  | **charred broccolini** | |
|  | **roasted heirloom carrots** | |
|  | **roasted rosemary potatoes** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **pineapple** |  **SIDE:** diced pineapple |
|  | **toast bar**  **SIDES:** whole wheat sliced, sourdough sliced ,sliced white bread | sourdough sliced bread | sliced white bread | bagels plain , Blueberry bagel, everything bagel | Blueberry bagel | english muffin, whole wheat english muffin, cinnamon roll sliced bread | whole wheat english muffin | cinnamon roll sliced bread | Nutella, sunflower spread, strawberry jam, butter |
|  | **toast bar** | |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **strawberry cheesecake** | |
|  | **chocolate brownies** | |
|  | **raspberry bars** | |
|  | **tres leches cake** | |
|  | **corn bread muffins with honey butter** | |
| **Soup (special)** | **tomato bisque** | tomato, onion, garlic, nutritional yeast, basil, tomato paste |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **chocolate Brownie** |